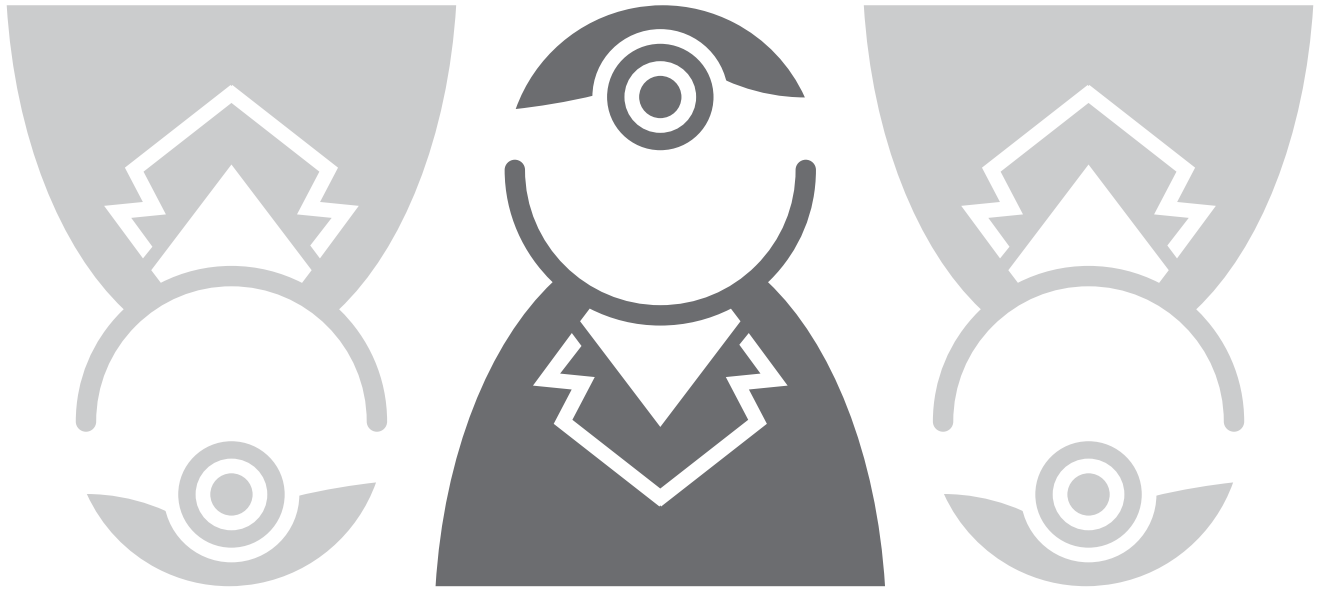


# PHYSICAN FITNESS

LOOKING FOR A DOC WHILE WORKING IN THE SEX BIZ. TIPS TO HELP YOU FIND THE RIGHT DOC.



## QUESTIONS FOR A POTENTIAL DOC

What are your hours?

What is the cost of a visit?

Do you have a sliding scale?





Do you have a policy on anonymous testing?

Is your staff experienced in men's sexual healthcare?

Is your staff experienced with LGBT patients?

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## TIPS FOR SAFE, SMART MEDICAL CARE

-  **Ask people within your network for recommendations of physicians and sexual health clinics where they have engaged positively with the staff, including disclosure of their work in the sex industry.** An alternative is to research doctors that make themselves available to LGBT populations. Even if you are not LGBT yourself, these professionals are often comfortable talking about sexual health issues in a non-judgmental environment. One source is <http://www.glma.org>.
-  **During your initial visit, check confidentiality policies with the physician and be clear you have an active sexual lifestyle.** If the Doc helps you feel comfortable and asks helpful questions about your activity, it may be possible to disclose your work in the sex industry.
-  **Be cautious of oversharing about issues related to your work.** Keep any information not relevant to your health concerns out of the doctor's office. You can have a relationship with two separate physicians/clinics: one for everyday ailments and checkups and the other for sexual health needs. It's not ideal. A doctor who is aware of only half your history may not diagnose correctly.
-  **Allow doctors to earn your comfort and trust by showing compassion and appropriate care.** Know your rights and what you're looking for before you enter the office. Having a doctor you can trust is worth the effort.