PHYSICIAN FITNESS
LOOKING FOR A DOC WHILE WORKING IN THE SEX BIZ. TIPS TO HELP YOU FIND THE RIGHT DOC.

QUESTIONS FOR A POTENTIAL DOC
What are your hours? Do you have a policy on anonymous testing?
What is the cost of a visit? Is your staff experienced in men’s sexual healthcare?
Do you have a sliding scale? Is your staff experienced with LGBT patients?

TIPS FOR SAFE, SMART MEDICAL CARE

- **Ask people within your network for recommendations of physicians and sexual health clinics where they have engaged positively with the staff, including disclosure of their work in the sex industry.** An alternative is to research doctors that make themselves available to LGBT populations. Even if you are not LGBT yourself, these professionals are often comfortable talking about sexual health issues in a non-judgmental environment. One source is http://www.glma.org.

- **During your initial visit, check confidentiality policies with the physician and be clear you have an active sexual lifestyle.** If the Doc helps you feel comfortable and asks helpful questions about your activity, it may be possible to disclose your work in the sex industry.

- **Be cautious of oversharing about issues related to your work.** Keep any information not relevant to your health concerns out of the doctor’s office. You can have a relationship with two separate physicians/clinics: one for everyday ailments and checkups and the other for sexual health needs. It’s not ideal. A doctor who is aware of only half your history may not diagnose correctly.

- **Allow doctors to earn your comfort and trust by showing compassion and appropriate care.** Know your rights and what you’re looking for before you enter the office. Having a doctor you can trust is worth the effort.

Provided by HOOK (hook-online.com) and Persist Health Project (persisthealthproject.org)